



Abbeydale Park Badminton Club

www.abbeydalebadminton.co.uk

Adult Badminton Coaching

All Standards welcome

Beginner and/or new to the game
Improver – Played before but need a refresher
Club Players – Capable but wishing to improve

Every Saturday 8.00 – 9.30pm

From the 5th September

At Abbeydale Park Badminton Club

See website for directions

Run by Ian Sills, Level 2 Coach and a qualified assistant
depending on numbers.

Sessions will focus on basic strokes, tactics and movement. With
different practices set for different abilities.

Cost: £6 per 1.5 hour session,
pay as you go and turn up as often as it is convenient for you.

Equipment available to borrow or purchase if needed.

For more information call

0779 111 2404

or e-mail

ian_sills@hotmail.com



President: *Gavin Johns* **Vice President:** *Alan Bolton* **Secretary:** *Rhona Gibbons*
Membership Secretary: *John Ibbertson* **Treasurer:** *Richard Cherrill* **Match Secretary:** *Rod Ellis*
Facility Management: *Andrew Sedimeier* **Website Developer:** *Ian Bates* **Committee:**
John Proctor, Julian Rawthorne, Marc Machin, Cowen, Dave Wilkinson, Paul Turner, Ian Sills, Sarah Karajeh

